

Plumas Lake Elementary Schools

Breakfast

August, 2017

	1	2	3	4
7	8	9	10	11
14	15	16	17	18
			Bagel with Cream Cheese or Jelly Breakfast Cereal (Served with a Cheese Stick) Chilled Diced Pears and Seasonal Fruit	Fresh Baked Muffin Squares Breakfast Cereal (Served with a Cheese Stick) 100% Fruit Juice and Seasonal Fruit
21	22	23	24	25
Yoplait Fruit Smoothies and Graham Crackers Breakfast Cereal (Served with a Cheese Stick) 100% Apple Juice and Seasonal Fruit	Breakfast Burrito Breakfast Cereal (Served with a Cheese Stick) Orange Smiles and Seasonal Fruit	Bagel with Cream Cheese or Jelly Breakfast Cereal (Served with a Cheese Stick) Chilled Diced Pears and Seasonal Fruit	Sausage and Pancake Breakfast on a Stick Breakfast Cereal (Served with a Cheese Stick) Fresh Apple and Seasonal Fruit	Fresh Baked Cinnamon Roll Breakfast Cereal (Served with a Cheese Stick) 100% Fruit Juice and Seasonal Fruit
28	29	30	31	
Breakfast Fruit and Yogurt Parfait Breakfast Cereal (Served with a Cheese Stick) 100% Orange Juice and Seasonal Fruit	Turkey Sausage Breakfast Pizza Breakfast Cereal (Served with a Cheese Stick) Fresh Banana and Seasonal Fruit	Pancakes Breakfast Cereal (Served with a Cheese Stick) Chilled Applesauce and Seasonal Fruit	Breakfast Sausage Sandwich Breakfast Cereal (Served with a Cheese Stick) Raisins and Seasonal Fruit	Fresh Baked Muffin Squares Breakfast Cereal (Served with a Cheese Stick) 100% Fruit Juice and Seasonal Fruit

Wonderful 1% White Milk and Nonfat Charming Chocolate Milk Offered At Each Meal!

Plumas Lake Elementary Schools

Lunch

August, 2017

	1	2	3	4
7	8	9	10	11
14	15	16	17	18
			Mini Corn Dogs Fruit and Yogurt Parfait Seasoned Potato Wedges	Primo Pepperoni Pizza Slice Primo Cheese Pizza Slice Roasted Carrot Coins
21	22	23	24	25
Cheese Enchiladas Cheese Quesadilla Black Beans	Mandarin Chicken with Chow Mein or Rice Veggie Egg Roll with Chow Mein or Rice Stir Fry Veggies	Jumbo Corn Dog Fruit and Yogurt Parfait Seasoned Curly Fries	Pasta with Meat Sauce, served with Garlic Bread Pasta with Red Sauce, served with Mozzarella Roasted Broccoli	Domino's Pepperoni Smart Slice Pizza Domino's Cheesy Smart Slice Pizza Roasted Sweet Potatoes
28	29	30	31	
Chili Cheese Fries Baked Cheesy Breadsticks and Pizza Steamed Green Beans	Chicken Taquitos Ultra Bean and Cheese Burrito Smooth Refried Beans	Chicken Nuggets Cheesy Crossiant Pinwheel Sauteed Spinach	Breaded Chicken Sandwich Goopy Grilled Cheese Sandwich Steamed Carrot Coins	Pepperoni Galaxy Personal Pizza Cheese Galaxy Personal Pizza Tasty Tator Tots

Wonderful 1% White Milk and Nonfat Charming Chocolate Milk Offered At Each Meal!